

2022-23 PE & Sport Service for Shrewsbury Area Primary **Schools**

The following service packages are designed using our extensive experience in delivering similar packages in East Shropshire discussions and meetings with several Shrewsbury schools over the last year.

Our system works on a 4 tiered option basis, with a menu of additional services if required. We are open to discuss more individualised packages on a school-to-school basis in order to meet your every need.

Three tiered service options 2022-23

Gold Package: Will have positive impact across the whole school and ensure your PE and Sport needs for the year are taken care of:

- PE subject support
- Access to unlimited inter-school competitions for the remainder of the year
- Access to unlimited no. staff to 2 TSA INSET opportunities
- Access to 1 whole school INSET opportunities
- Access to Active Starter training for 1 x Y5 or 6 class
- Access to Bronze Ambassador Training and mentoring programme for 4 8 Y5/6 pupils
- 1 Full day PE teaching p/week throughout remainder of academic year from SGO (schools may choose to allocate some of this time to support who<mark>le school</mark> development such as conducting an Ofsted ready simulated PE deep dive and assist in the creation of an Ofsted ready PE Action Plan)
- 1 after school club p/wk (delivered on nominated day)
- 1 free 'Add on' from the support menu
- 10. 30% discount off 'GetSet4PE' online licences and resources for all teaching staff

Silver Package: Will have positive impact in your school and provide added value to



- Access to 12 inter-school competitions for the remainder of the year
- Access to unlimited no. staff to 2 TSA INSET opportunities
- Access to Bronze Ambassador Training and mentoring programme for 4 8 Y5/6 pupils
- 1/2-day PE teaching p/week throughout remainder academic year from SGO (schools may choose to allocate some of this time to support whole school development such as conducting an Ofsted ready simulated PE deep dive and assist in the creation of an Ofsted ready PE Action Plan)
- 30% discount off 'GetSet4PE' online licences and resources for all teaching staff

Bronze+ Package: Will support your school's basic PE and Sport provision

- Access to 9 inter-school competitions for the remainder of the year
- Access to unlimited no. staff to 2 TSA INSET opportunities
- Access to Bronze Ambassador Training and mentoring programme for 4 8 Y5/6 pupils
- Subject support package 3 days in school support from SGO to include an Ofsted ready simulated PE deep dive and assist in the creation of an Ofsted ready PE Action Plan.

BRONZE

Bronze Package:

- Access to 7 inter-school competitions for the remainder of the year
- Access to unlimited no. staff to 2 TSA INSET opportunities



What does our service offer?



Inter-school Competitions

You will have the opportunity to select and attend the number of events your level of SLA dictates. Events may include 'Multi Activity Days' or MAD days where a number of different sports/activities are offered on the same day. Events will take place at the most suitable venue (secondary school site, sports club/organisation site or primary school site).



INSET

The TSA will deliver a minimum of 1 INSET opportunity each academic term. In all packages your school would have access to each of these for an unlimited number of staff. For Gold members we would also provide 1 whole school INSET opportunity for some/all of your staff in your school setting and at a time to suit your needs. A list of potential course subjects is included with this material.

Leadership Training

Active Starters Training

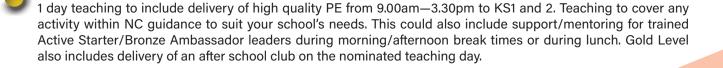
Will consist of 1-day training for a class of Y5 or 6 pupils. This course equips pupils with the skills and ideas to make playground space/break times and lunches more activities for ALL pupils.

Bronze Ambassador Training

Will consist of 1 day training for 4—8 Y5 or 6 pupils identified by you. This course equips pupils with the skills/knowledge to plan and deliver inter-school competitions/personal challenges. This programme will also include 3 x 1/2 day support/mentoring sessions, either to support/observe competitions being delivered and/or support BA's review and plan further events.

Teaching including CPD opportunity or PPA cover

½ day teaching to include delivery of high quality PE from 9.00am—12.00pm or 12.30pm—3.30pm to KS1 and 2. Teaching to cover any activity within NC guidance to suit your school's needs. This can also enable team development towards competition. This could also include support/mentoring or trained Active Starter/Bronze Ambassador leaders during morning/afternoon break times.





Add-ons Menu

- **PE subject support** 1 days support to review and reshape your PE curriculum to meet Ofsted requirements, whole school improvement plan needs, etc.
- Preparing for transition to secondary –1 day support for Y5/6 pupils preparing them for transition to Y7 and secondary school environment (flexibility to deliver over 2 x 1/2 days and within primary and secondary setting).
- Coaching staff/teaching staff observation programme 2 days support (potential to divide into half-days) to establish and undertake an observation/support programme for school staff/external staff delivering PE. Designated to support not critique and to improve confidence and understanding leading to higher quality outcomes for pupils.
- How to become a truly 'active school' -1 day support looking at all aspects of school life to identify ways to support staff and pupils be active in and around the school day. In line with the Chief Medical Officer's recommended guidelines for pupils to be physically active for 60mins p/day.
- Mindfulness training/programme 3 days delivery of mindfulness programme by MISP (Mindfulness in Schools Project) trained tutor. Potential for this is to be divided into half-day/after-school sessions. The could be targeted at a particular group of pupils or staff.
- Bronze ambassador training if you are a Bronze member but would also like to access this training/mentoring for pupils.
- Mental Health Champions training 3 days delivery working with vulnerable young people looking at factors that contribute to positive mental health and wellbeing, exploring the importance of positive mental health for everyone with a focus on the adults around a child.

